Greetings from the SD Diabetes Prevention & Control Program (DPCP) and welcome to the March 24, 2008 edition of the "DPCP FYI". Each FYI is received by over 450 diabetes care professionals in and around South Dakota. If you have trouble with the links, the e-bulletin is also posted on the DPCP website at <a href="http://diabetes.sd.gov">http://diabetes.sd.gov</a>. If you have suggestions for improvement to the FYI or if I can otherwise be of assistance, please let me know. Colette

### Topics in this issue ~

- Link into the March 26th Internal Medicine Grand Rounds-Pierre
- Avera McKennan's "Diabetes Update 2008"-April 11th
- What's Depression Got to Do With It?
- Save the Date-SD Diabetes Coalition's Partners' Conference
- Save the Date-"Changes & Challenges in Diabetes Care-2008"
- American Association of Diabetes Educators' Webinar Series

#### Link into the March 26th Internal Medicine Grand Rounds-Pierre

The Department of Health lab large conference room at 615 E Fourth Street in Pierre will be linked into the March 26th IM Grand Rounds on "Management of Type 2 Diabetes" by Dr. Philip Raskin. If you would like to attend at the lab conference room, let Colette know.

# Avera McKennan's "Diabetes Update 2008"-April 11th

Avera McKennan Education Services is holding "Diabetes Update 2008" on April 11th in the Avera McKennan Education Center Auditorium. Topics to be presented include:

- Insulin Pumps & Glucose Sensors;
- Hot Topics in Nutrition for Diabetes;
- Diabetic Gastroparesis;
- Erectile Dysfunction & Diabetes; and
- Therapies for Type 1 Diabetes-Islet Transplant & the TrialNet Experience

For further information, the brochure is available at http://doh.sd.gov/Diabetes/Events.aspx.

## What's Depression Got to Do With It?

- **Anyone** can develop depression. However, people dealing with the daily burden of diabetes are at a greater risk. Conversely, research shows that depressed adults have a 37 percent increased risk of developing type 2 diabetes.
- It's a fact Clinical studies suggest that a link between diabetes and depression is
  particularly evident in the workplace setting. With more than 21 million people now living
  with diabetes, and an estimated 14.8 million individuals experiencing some form of
  depression annually, these two diseases have a significant impact on the overall health of
  the nation and American productivity. Many treatment options are available to people
  who recognize they are dealing with depression and diabetes, and employers play an
  important role by recognizing these conditions in their employees and helping them find
  help.
- New material on the National Diabetes Education Program's Web site
   www.DiabetesAtWork.org is geared toward helping employers prevent and manage diabetes and depression in the work place. DiabetesAtWork.org provides a simple way for medical professionals, including physicians, nurses, psychologists, and diabetes educators, to learn more about the connection between diabetes and depression while earning valuable continuing education (CE) credits. To access this material and learn more about the available CE credits, please go to www.DiabetesAtWork.org.

For additional information and copyright-free education materials on diabetes prevention and control, visit www.YourDiabetesInfo.org or call 1-888-693-NDEP (6337).

### Save the Date-SD Diabetes Coalition's Partners' Conference

The 2008 SD Diabetes Coalition's Partners' Conference will be held on September 23rd at the Cedar Shores Resort in Chamberlain. Further information will be available at a later date.

# Save the Date-"Changes & Challenges in Diabetes Care-2008"

Changes & Challenges in Diabetes Care-2008 will be held October 9th and 10th in Spearfish. Further information will be available at a later date.

#### American Association of Diabetes Educators' Webinar Series

Want information on the prevalence of peripheral artery disease in people with diabetes over the age of 50 and how the warning signs can be identified and followed-up with various treatment options? Or how about the current pathophysiology, treatment and management options, and methods for encouraging patients to talk openly about their sexual dysfunction related to diabetes? Then the American Association of Diabetes Educators' webinar series may be of interest to you. Further information on these and future webinars is available at <a href="https://www.diabeteseducator.org">www.diabeteseducator.org</a> under Professional Resources.

If you have received this issue from a colleague and you'd like to subscribe or to unsubscribe, contact Colette at the email below.

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